# SHAC MINUTES

**Date**: Tuesday March 3, 2022 **Time**: 9:02 a.m. - 10:25 a.m.

#### List of Attendees attached

#### I. Meet and Greet

Meetings are recorded and will be posted on the SHAC website within 10 days.

Members/Guests were introduced, and meeting norms reviewed.

#### II. Review of resource feedback

The committee reviewed the Health and Physical Education TEKS and resources for grades K-12. The feedback submitted by parents, teachers, and community members was reviewed and discussed.

#### III. Resource recommendations

The committee came to a unanimous decision (14 in favor to 0 opposed) to recommend the following resources to the Katy ISD School Board:

Elementary Health K-5: CATCH and Curated Resources (created by Katy ISD)

Elementary Physical Education K-5: CATCH and Curated Resources (created by Katy ISD)

Junior High Health, grades 6-8: Goodheart-Wilcox

Junior High Physical Education, grades 6-8: CATCH and Curated Resources (created by Katy ISD)

High School Health, grades 9-12: Goodheart-Wilcox

High School Physical Education, grades 9-12: Goodheart-Wilcox

Recommendations will be presented to the Board of Trustees during the Regular Board Meeting on April 25, 2022. Over the summer, the Katy ISD Health and PE Curriculum will be amended to align with new TEKS. Included in the planned revision are new materials, training for staff, and designing an Opt-In Parent Letter for the Health TEKS related to sex education. These changes will go into effect in August 2022.

### IV. Reflections/Questions/Closure

Members were thanked for their feedback and participation.

## **Next Meeting**

The next SHAC meeting is scheduled for Tuesday, April 5, 2022, from 9:30 a.m. - 11:00 a.m. at the Katy ISD Food and Nutrition Department.

Should the need for additional meetings become necessary, invitations will be sent out via email.