



# Responsibility

PurposeFULL  
People

## Pre-K Family Connection

### Overview

This month we are talking about Responsibility. One way to define Responsibility is “taking action and understanding the impact of our choices.” Taking action can mean doing the right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others.

Responsibility is 1 of 3 traits we will focus on throughout the year that helps students Be Strong.

Throughout the school, students will be developing skills like focusing, organizing, and goal-setting.

### In The Classroom

Following directions can be challenging for young students! An important way we will practice Responsibility in Pre-K this month is learning to follow directions. Whole Body Listening is foundational for following directions. When we listen with our whole selves, following directions (and practicing Responsibility) becomes much easier!

#### Steps for Whole Body Listening:

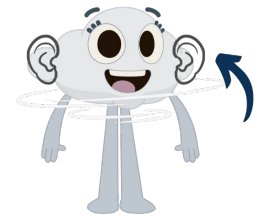
1. Eyes are watching (point to your eyes)
2. Ears are listening (cup your ears)
3. Brain is focused (point to your brain)
4. Heart is caring (put your hand on your heart)

#### Strategies for Following Directions:

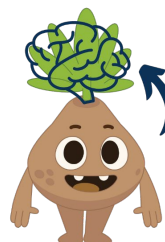
1. Pay attention to directions with Whole Body Listening
2. Ask questions if you are confused
3. Do what you are asked to do the first time



Eyes are watching



Ears are listening



Brain is focused



Heart is caring

### Conversation Starters



- Can you share or show what it means to be Responsible?
- What are the 3 steps you use to follow directions and practice being Responsible?



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## PurposeFull Pursuits

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Have some fun connecting as a family this month while practicing Responsibility. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

### Pursuit #1

As a family, think of ways in which you might make someone's life a little easier by helping a neighbor or family friend with 1 of their Responsibilities. Could you bring the garbage to the chute or out to the curb? Could you carry things in from the grocery store? Could you invite someone over for a meal or a show?

### Pursuit #2

Review Responsibility as a family! Responsibility is taking action and understanding how our choices affect others. Choose 1 household chore (or more!) that requires multiple steps. Then have each member of the family select 1 step to complete to help get the job done!

Maybe it is washing the dishes, doing laundry, cleaning the living room, or unloading the groceries - whatever it is, see who can be the quickest or most effective at their task!



### Pursuit #3

We have all demonstrated Responsibility in our lives. Many of us have seen people practice Responsibility in ways that have inspired us. Stories are powerful tools for connecting as a family. Protect time this week to share stories about Responsibility with each other (you can use the story prompts to get started). At the end of the conversation, think of 1 way you can practice Responsibility this week.

#### Story Prompts:

- A time I (or someone else) showed Responsibility was \_\_\_\_\_.
- An act of Responsibility that changed/challenged me was \_\_\_\_\_.

