



# RESPECT

## Pre-K Family Connection

PurposeFULL  
People

### Overview

This month's focus is Respect. One way to think about Respect is "seeing value in all people and things & treating them with care." Many people feel Respected in different ways and we hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students Be Kind. Throughout the school, students will be developing skills like perspective-taking, conflict resolution, and leadership.

### In The Classroom

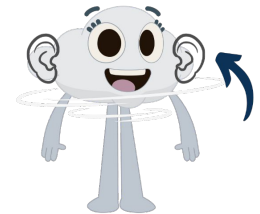
Listening to others is an important life skill - and it takes practice! In Pre-K, we are focusing on listening skills this month. Being a good listener helps us show Respect to others people and treat them with care.

We will learn and practice these Whole Body Listening strategies at school. Try them at home with your student!

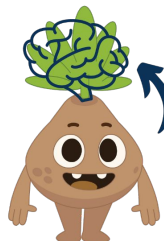
1. Eyes are watching (point to your eyes)
2. Ears are listening (cup your ears)
3. Brain is focused (point to your brain)
4. Heart is caring (put your hand on your heart)



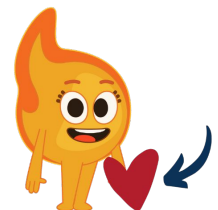
Eyes are watching



Ears are listening



Brain is focused



Heart is caring

### Conversation Starters

- Can you share or show what Respect means?
- Why do you think it is important to use Whole Body Listening when practicing Respect?





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## PurposeFull Pursuits

PurposeFull  
People

Have some fun connecting as a family this month while practicing Respect. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

### Pursuit #1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the "Respect Rooster" on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.

### Pursuit #2

Review Respect as a family! Remember that in our lessons we are teaching that Respect means to see value in people and things and treat them with care. Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward and commit to this practice at least 1 day each week!



### Pursuit #3

Find a time to sit in a circle together and celebrate all the ways you have seen each other practice Respect. Take turns sharing responses to the following prompts or make up your own! Remember to practice Respect as you listen to each other.

#### Celebration Prompts:



- How have you shown Respect through listening lately?
- What family member(s) do you want to celebrate for their Respect?

